



ILEOSTOMY AND COLOSTOMY ZIMBABWE TRUST (ILCO ZIM TRUST)

PERIOD OF THE REPORT

WCET CONGRESS 2016

COMPILED BY

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WCET 2016 CONGRESS

This Report serves to outline the 21st World Congress of Enterostomal Therapists WCET 2014 Biennial Congress which was held in Cape Town –South Africa from the 13th to the 16th of March 2016 with the theme working together to improve peristomal skin health.

Activities

- Travel to cape town –South Africa
- Lectures
- Visits to company stands
- Visits to poster presentations
- Dinner
- Networking

Travel to Cape Town –South Africa

Ilco Zimbabwe representatives Lizzie and Linda got an amazing opportunity , thanks to various companies and organisation to once again attend the 21st WCET . It was an amazing experience to be in Cape Town and to have the opportunity to encounter with various professionals and learn more on ostomy and entrostomal nursing activities

The first day of the Congress kick started with lectures from different professionals on the following topics

- Convexity - addressing the controversies surrounding the use of convex stoma appliances
- Education – train the trainer
- No second chances with Infection Prevention in ET- 10 ways to clean up your act.

These lectures were an eye opener and very educative in our case , most ostomy patients in Zimbabwe rely on ILCO representatives on information and when it came to use of convexity appliances it was a struggle , we did not have much information and knowledge on how, where and when to you a convexity appliance. Education on Train the trainer was another important aspect, due to the fact that ostomy is not a well known area in Zimbabwe, more knowledge on training techniques has been an area in the organization that needed more information in conjunction with the that infection prevention which is a huge major crisis looking at the fact most ostomy patients have no access to ostomy appliances and end up using plastics, rags etc.

During the Opening Plenary Session on Monday the 14th we were greatly honored, when the president of IOA (New Zealand) Barry Maughan ,mentioned about the Project ILCO ZIM , through ILCO Sweden , how we are making a huge impact in the lives of ostomates in Zimbabwe.

During the course of the congress, we also attended various other lectures which were very educative and of great importance to our association in Zimbabwe, some of the area lectures included was

Stoma related complications

- I want to know and I don't want to know ,
- Effect of stoma site marking on stomal and peristomal complications
- Stoma complications , cross sectional study
- How a Transdisciplinary Approach can help the management of high output ostomies /fistulae and short gut presentation
- Management of complicated wound secondary to retracted stoma

Wound Ostomy Continence Education around the world

In this segment Various associations and organizations gave speeches on the actives and programs that they have implemented in their countries , ILCO Sweden and Zimbabwe was also privileged to be one of the association to give a speech on the Project ILCO Zimbabwe on the activities and programs carried out in Zimbabwe which has brought about a lot of positive changes in the lives of Ostomates in Zimbabwe though in conclusion we concluded a lot more programs need to be done in Zimbabwe for the benefit of ostomates in Zimbabwe.

- Update on WCET ENTEP and REP Programs
- Initiation of wound and continence Services in Kenyatta National Hospital
- Kenya is awakening
- The Romanian Ostomy Patients Support Foundation, Giving something back and rising to the challenge
- Enterostomal therapy nursing in Malaysia, journey and direction
- Project ILCO Sweden Ostomy association –ILCO Zimbabwe Trust
- Enterolstomalthrapy in Brazil
- Collaboration between WCET, CAET and ET Department at UMMC-KL Malaysia

General Parallel Sessions

- Considering Prevention in Peristomal Skin Care
- Stoma related complications and stoma height one year after surgery
- Addressing the issues of Cultural competence
- Balinese Nurses Spirituality and Beliefs –a support system in Stoma Care
- Initiating Change in environments resistant to change
- Pressure Ulcers –Risks, Analysis, Incidences and skin tear
- Development National Consensus Document of Wound care
- Incontinence Associated with Dermatitis
- Microbial Films-Raising the bar in infection.
- Approaching Ano Rectal Malformation in the 21st
- Tracheostomies –home care
- Teaching with Technology
- Tsunami Experience

Faecal Incontinence

- Updates on Faecal Incontinence Sacral Nerve Stimulation
- Biofeedback
- Low volume washout
- FI in a healthy young man
- FI in primiparous women who have sustained an Ana Sphincter injury
- Continenence care

The three day congress was a huge blessing to us, all the knowledge and experts we had taught us a lot more than we imagined, and we are very grateful.

Stands and Poster Visits

During the congress various companies exhibited in the congress hall, we visited all the company stands and were educated on various appliances usage, appliances and accessories available. Samples were given of the products; demonstrations were done as well as educational materials were given.

Various Posters from different countries were also exhibited on different issues such as information on

- Wound posters

- Continnence Posters
- Pediatric Posters
- Professional Practice posters
- Other Posters

Dinner and Networking

The Congress dinner was held the ball room and it created a huge platform for us to network with other health professionals some of them we had met in Gothenburg and other new networks with ET nurses From Kenya, Malaysia, Uk, Nepal etc. Networking has played an important role in the organisation and has made the organisation to be where it is now.



Site Visits

Thursday the 17th of March was outlined for site visits in different areas which was a great experience to see how the hospitals were conducting with patients and set up for ostomates.

Conclusions

The congress was very educative in various ways,

- more knowledge was gained, especially on the products that are available on the market, new products on markets and how they work
- how other countries associate and work with ostomates in their countries
- Being an E T nurse you deal with a lot of people with different beliefs and culture and we need to change and adapt to an ostomate s beliefs and culture and help the ostomate as they begin their new journey with a stoma.
- The networks done were also of great importance and now the organisation can also exchange information and learn a lot from other ET nurses.

Many Thanks To:

The companies who made it possible for us to attend the WCET 2016 Congress in Cape Town South Africa- ILCO Sweden, and European Ostomy association EOA. We are very grateful and with the information, knowledge and Networks we have gained, it is another huge step to better an ostomate s life in Zimbabwe.

And we are ever grateful to Marie Steen for the love care and support and The Ministry of Health and Child Care Zimbabwe for their Support.